

## Sequence For **Donning & Doffing**

**Surgical Gloves** 

Double donning (the application of an under glove and outer glove) acts as an indicator system for barrier breaches, which provides greater protection for surgeons and healthcare professionals.

## **How to Don Surgical Gloves**



1 Perform hand hygiene



2 Open the sterile glove packaging with care



3 Place the sterile package on a dry and clean surface



**4** With your index finger and thumb, hold open the folded cuff edge



5 Gently ease your hand into the glove until the folded cuff is at your wrist



6 Use the fingers of your gloved hand to lift the other glove from underneath the cuff







**7** With the assistance of the gloved hand, don the sterile glove until your wrist is completely covered



8 To ensure the gloves are comfortable on your hands, adjust any gaps between your fingers



**9** Unfold the cuff of the gloved hand along the wrist, by placing your gloved fingers inside the folded cuff of the other glove



10 Your gloved hands are now ready for your aseptic procedure





**Order Here** 

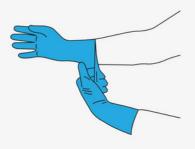


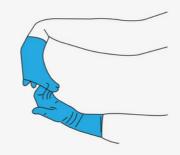


## Sequence For **Donning & Doffing**

**Surgical Gloves** 

## **How to Doff Surgical Gloves**





1 Grasp outside of glove with the fingers of your opposite gloved hand and start to remove cautiously



2 Roll the glove inside out and stop when you reach the middle of your fingers

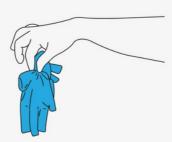




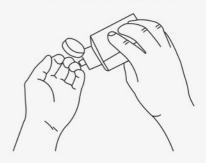
**3** With your partially gloved fingers, start removing the other glove from the top edge of the cuff



4 The glove must be fully turned inside out during removal to prevent skin contact at all costs



5 Discard sterile gloves into an appropriate waste container



6 You must now perform hand hygiene







