



RESOURCE® ULTRA, a new addition to the clear, fruit flavoured beverage range



HIGH PROTEIN
100% whey protein
14g per serve
(highest in its category)*



ENERGY
300 kcal per serve



FRUIT FLAVOURS
Apple and Orange

Optimising compliance by providing a refreshing, clear fruit flavoured option without compromising on protein quantity.



RESOURCE® ULTRA, together with the current Fruit Flavoured Beverage range provide greater flexibility and choice in protein and calorie delivery.

Average quantity per 237mL serve
• Energy 250 kcal • Protein 9g • Fat 0g

RESOURCE® ULTRA Clear Fruit Flavoured Beverage

Protein 14g per serve†

Equivalent to the protein in:

80g beef OR
3 eggs OR
1 cup cooked lentils.



Energy 300 kcal per serve†

Equivalent to the energy in:

2 pieces of toast with
2 slices of cheese OR
70g peanuts OR
450mL (2 large glasses)
of full cream milk.



†1 serve = 200mL.

Source of food nutrition information: Xyris, Foodworks 2020.

Clinical indications for use

Suitable for patients:



with preference for non-milky supplements;



on a low residue diet;



with fat malabsorption conditions;



on clear fluid diets (pre/post surgery);



who have high energy and protein requirements:

- oncology (patients experiencing taste change/ mucositis and poor appetite);
- pressure injuries, wounds or burns;
- sarcopenia, rehabilitation and frailty;
- active state of inflammatory bowel disease.



with renal impairment.

Nutrition information

Apple and Orange Flavours

Serving Per Package: 1 Serving Size: 200mL

	Unit	Ave Per 100mL	Ave Per 200mL (1 Serving)
Energy	kcal	150	300
	kJ	628	1256
Protein	g	7.0	14
Carbohydrate of which	g	30.5	61
- sugars	g	8.8	17.6
- lactose	g	<0.5	-
Fat of which	g	0	0
- saturated	g	0	0
Phosphorus	mg	140	280
Iodine	µg	22	44
Vitamin A	µg	160	320
Vitamin D	µg	2.0	4.0
Vitamin E	mg	2.3	4.6
Vitamin K	µg	6.5	13
Vitamin C	mg	17	34
Vitamin B1	mg	0.25	0.50
Vitamin B2	mg	0.20	0.40
Niacin	mg/mg NE	1.1/4.2	2.2/8.4
Vitamin B6	mg	0.30	0.60
Folic acid	µg	45	90
Vitamin B12	µg	0.50	1.0
Biotin	µg	5.5	11
Pantothenic acid	mg	0.80	1.6

NE = Niacin-Equivalent

Ingredients

Apple Flavour: Water, Glucose Syrup, Whey Protein Isolate (Milk), Sucrose, Vitamins (C, E, Niacin, Pantothenic Acid, B6, Thiamin, A, Riboflavin, K, Biotin, D, B12), Flavours, Antifoaming Agent (471), Acidity Regulators (330, 525), Colour (141), Potassium Iodide. **Contains Milk.**

Orange Flavour: Water, Glucose Syrup, Whey Protein Isolate (Milk), Sucrose, Flavours, Vitamins (C, E, Niacin, Pantothenic Acid, B6, Thiamin, A, Riboflavine, Folic Acid, K, Biotin, D, B12), Antifoaming Agent (471), Acidity Regulators (330, 525), Colour (160a), Potassium Iodide. **Contains Milk.**

Ordering information

SKU	Presentation	Units Per Case	Product Code
Apple Flavour	200mL Bottle	24 x 200mL	12435349
Orange Flavour	200mL Bottle	24 x 200mL	12435438

RESOURCE® ULTRA is a food for special medical purposes specifically formulated for medical conditions where nutritional needs cannot be met through diet modification alone. Must be used under medical supervision.

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