

Skin Tear Management with ISTAP* Classification Tool

I
Identify

- Correctly identify on first presentation.

S
Stop the bleeding and clean

- Control superficial bleeding.
- Select appropriate cleanser.
- Gently clean wound bed.



T
Tissue alignment

- Align skin flap and classify according to ISTAP classification system (measure and document).



Type 1
No skin loss. Flap can be repositioned.



Type 2
Partial flap loss. Flap will not fully cover wound bed.



Type 3
Total flap loss. Exposing entire wound bed.

A
Assess and dress

- Use TIME Clinical Decision Support Tool to set goals of treatment (refer to TIME CDST).
- Mark the dressing with an arrow to indicate correct direction of removal.



P
Prevent recurrence

- Consider limb protector (CoolFAST).
- Consider limb support (CoolGRIP) if clinically indicated.
- Use peri-wound protection and moisturise 2x/day with SECURA Moisturising Lotion.
- Implement Risk Reduction tool from ISTAP guidelines.



Product Solutions

Skin Tear Kit to promote best practice.
ALGISITE[®] M to assist with control of bleeding.



Dress with **ALLEVYN[®] LIFE**, **Gentle Border**, **Gentle Border Lite** or **Gentle Border Ag**.

SECURA[®] No-Sting Barrier film, **Skin-Prep[®]** for peri-wound protection.

CoolFAST[™]
CoolGRIP[™]
SECURA Moisturising Lotion
SECURA Moisturising Cream

*International Skin Tear Advisory Panel. Adapted from LeBlanc K et al. Best practice recommendations for the prevention and management of skin tears in aged skin. Wounds International 2018. Used with permission. Download from www.woundsinternational.com. Products listed and outline of care are examples only. Product selection and management should always be based on comprehensive clinical assessment. Smith & Nephew Pty Ltd T +61 2 9857 3999 www.smith-nephew.com/australia Smith & Nephew Ltd +64 9 820 2840 www.smith-nephew.com/new-zealand. Trademark of Smith & Nephew SN14693 (10/19).