



3M™ Red Dot™ Electrodes

4 Simple Steps in Application & Removal

1: **Select** the appropriate electrode site

Select: the appropriate site for where you want the electrode to be placed

Hint: Avoid bony prominences, fatty areas, and major muscles



2. Prepare the skin – **CCA**

Clip: Remove excessive hair as required by using a 3M Surgical Clipper

Clean: With mild soap & water if available

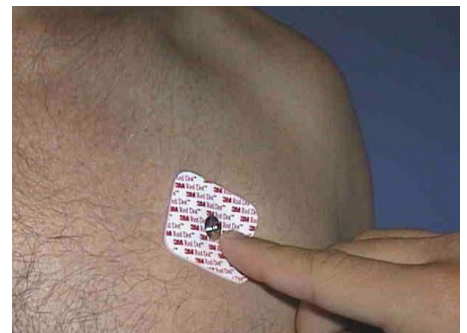
Abrade: Use a small piece of 3M Red Dot Trace Prep (2236) using a gentle brushing action over a 5cm² area.



3. **Peel & Place**

Peel: Remove backing off the electrode and avoid touching the back of the electrode

Place: Place electrode over the prepared site, gently press the electrode onto the skin and run your finger around the electrode to facilitate adhesion. Conduct your trace as per protocol



4. **Remove**

Remove electrode: Loosen one side of the electrode, and then peel back 180° over itself slowly and gently, keeping the electrode close to the skin surface.

Electrodes should be removed in the direction of hair growth whenever possible

